Morphological Characteristics of Folk Dance "Fanshan Jiaozi" in East Sichuan from the Perspective of Dance Ecology

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Abstract: From the perspective of dance ecology, this article deeply analyzes the morphological characteristics and cultural value of the traditional dance "Fanshan Jiaozi" in eastern Sichuan, and discusses its protection and inheritance strategies. In this article, the dance movement, music rhythm, costume characteristics of "Fanshan Jiaozi" and its relationship with the natural environment, social culture in eastern Sichuan are comprehensively and deeply investigated. The results show that "Fanshan Jiaozi" has unique artistic charm and is an important part of cultural ecology in eastern Sichuan. Its dance movements and body language vividly show the scenes and emotions of mountain life, the music rhythm and the use of musical instruments skillfully blend the charm of traditional percussion instruments, and the characteristics of costumes and props highlight the folk customs in eastern Sichuan. However, with the change of ecological environment, this traditional dance is facing the challenge of inheritance and protection. The conclusion is that in order to effectively protect and inherit "Fanshan Jiaozi", we need to strengthen the research of dance ecology, build a protection base to enhance the popularity, and explore the modern development path of "Fanshan Jiaozi".

1. Introduction

Dance ecology is a new interdisciplinary subject [1]. It combines the knowledge of dance, ecology, anthropology and other fields, and aims to explore the interaction between dance and natural environment, social culture [2]. Dance is an artistic expression and an important part of cultural ecology. From the perspective of dance ecology, we can deeply understand how the morphological characteristics of dance are influenced by the ecological environment and how dance becomes the carrier of cultural inheritance and community identity [3].

East Sichuan lies in the southwest of China. Its topography is complex and changeable, with beautiful mountains and rivers and profound cultural heritage [4]. It is one of the important cradles of Bashu culture and the cradle of various folk dance arts. Fanshan Jiaozi is one of the most representative folk dances [5]. It originated in the rural areas of eastern Sichuan, and has become an indispensable part of local people's lives and festivals with its unique dance movements, distinctive musical rhythms and rich cultural connotations [6]. However, with the acceleration of modernization, this traditional dance is facing the risk of being marginalized, and it is particularly urgent to study its morphological characteristics in depth [7].

Studying the morphological characteristics of "Fanshan Jiaozi" will help us understand the artistic charm of this dance more comprehensively, and reveal the deep connection between the natural environment and social culture in eastern Sichuan [8]. Through the method of dance ecology, we can explore how "Fanshan Jiaozi" has become a vivid portrayal of the cultural ecology in eastern Sichuan, and how it has evolved in the long river of history to adapt to the changing social environment. This is of great significance for the protection and inheritance of this intangible cultural heritage, and can provide new ideas for the innovation and development of dance art.

The core purpose of this study is to deeply analyze the morphological characteristics of "Fanshan

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Jiaozi" dance from the perspective of dance ecology. Including its dance movements, music rhythm, clothing characteristics and so on, and how these characteristics are closely related to the natural environment and social culture in eastern Sichuan. Through this study, we aim to reveal the cultural logic and ecological wisdom behind the "Fanshan Jiaozi" dance and provide scientific basis for understanding and protecting this traditional dance.

2. The origin of ecological environment and "Fanshan Jiaozi" in eastern Sichuan

2.1. Overview of natural environment and social culture in East Sichuan

East Sichuan lies in the southwest of China and the east of Sichuan Province. The topography here is complex, with mountains, hills and plains staggered, and the Yangtze River and Jialing River meander through, which endows this land with rich natural landscapes and unique ecological conditions [9]. The climate with four distinct seasons and fertile soil make East Sichuan a land with developed agriculture and rich products since ancient times. Such a natural environment breeds rich biodiversity and provides superior conditions for the prosperity of human society.

In the long history, East Sichuan has gradually formed a unique social and cultural landscape. As an important part of Bashu culture, East Sichuan culture not only retains the bravery and boldness of ancient Ba people, but also integrates the elegance and delicacy of Central Plains culture. People here are hardworking and intelligent, love life, and are good at expressing their feelings, celebrating harvest and praying for exorcism by singing and dancing. Festival celebrations, weddings and funerals are inseparable from the company of dance. Dance has become an important part of the people's spiritual world in eastern Sichuan, and it is also an important way of their social communication and cultural inheritance.

2.2. The historical evolution and cultural connotation of "Fanshan Jiaozi"

Fanshan Jiaozi is a unique folk dance. It originated in the rural areas of eastern Sichuan, and was originally a dance form created by farmers to relieve fatigue and express their feelings when they were working in the fields. With the passage of time, "Fanshan Jiaozi" gradually moved from the field to the stage and became an important performance item in local festivals and temple fairs.

"Fanshan Jiaozi" got its name because the dancers hold Jiaozi (a percussion instrument) in their hands and dance with the rhythm of music, as if they were shuttling through the mountains. It not only shows the dancer's vigorous posture, but also implies the spirit of climbing mountains and going forward bravely. Dance movements not only imitate the realism of farming life, but also have the artistry of exaggeration and deformation, full of life breath and imagination. The rhythm of the music is lively and powerful, with passionate drums and melodious melodies, which complement the dance movements and jointly create a warm and cheerful atmosphere.

"Fanshan Jiaozi" is a kind of dance art and an important carrier of social culture in eastern Sichuan. It reflects the local people's awe and worship of nature and their yearning and pursuit of a better life. Every movement and rhythm in the dance contains profound cultural connotation and symbolic significance, which is the crystallization of the wisdom and emotion of the people in eastern Sichuan. Through the dance performance of "Fanshan Jiaozi", we can get a glimpse of the unique historical and cultural features and folk customs in East Sichuan, and feel the enthusiasm and vitality of the people on this land.

3. "Fanshan Jiaozi" morphological characteristics analysis

(1) Dance movements and body language

The dance movements of "Fanshan Jiaozi" are the core of its artistic charm. In the dance, the dancers vividly show the tenacity and optimism of the mountain people with their flexible pace and exaggerated body language. Table 1 shows the characteristics of "Fanshan Jiaozi" dance movements.

Table 1: Characteristics of "Fanshan Jiaozi" Dance Movements

Movement Type	Specific Description
Footwork	Agile and varied, including shuffling steps imitating mountain walking and heroic
	jumps representing mountain climbing
Finger Movements	Delicate simulations of jiaozi striking
Large Movements	Turns, arm swings, showcasing strength and grace
Rhythm	Movements are rhythmic
Lifelike Quality	Movements imbued with a sense of real life, reflecting scenes of weaving through
	the mountains
Facial Expressions	Rich and varied, complementing the movements, conveying deep emotions

In terms of body language, the dancers' facial expressions are rich and varied, either happy or sad, or surprised or happy, which complement each other with the dance movements and jointly convey profound emotional connotations.

(2) Music rhythm and musical instrument use

Music is the soul of "Fanshan Jiaozi". It gives dance a unique rhythm and rhythm. As shown in Table 2, the musical element characteristics of "Fanshan Jiaozi" are as follows:

Table 2: Characteristics of "Fanshan Jiaozi" Musical Elements

Musical Element	Specific Description
Rhythmic Feature	Bright and energetic, with stirring drumbeats leading the rhythm and melodious
	tunes adding flavor
Main Instruments	Traditional percussion instruments such as drums, gongs, and jiaozi
Drum Sound	Deep and resonant, like echoes in the mountains
Gong Sound	Crisp and clear, like the murmur of a stream
Jiaozi Sound	Like the songs of birds in the mountains
Instrument Roles	Each plays a distinct part, collectively creating a lively and joyful atmosphere
Musical	Enriches the dance's musical representation, enhances its appeal, making
Expressiveness	"Fanshan Jiaozi" more vivid and entertaining

The use of musical instruments enriches the musical expression of dance, and also enhances the appeal of dance, making "Fanshan Jiaozi" more vivid and interesting.

(3) Features of costumes and props

The costumes and props of "Fanshan Jiaozi" are an intuitive embodiment of its cultural characteristics. Dancers usually wear bright colors. These colors are in harmony with the natural environment in eastern Sichuan, and at the same time symbolize auspiciousness and celebration. In the style of clothing, there are not only traditional elements of Hanfu, but also modern designs adapted to dance movements; It not only retains the charm of traditional culture, but also facilitates the dancers' movements.

In terms of props, Jiaozi is the symbolic prop of "Fanshan Jiaozi" dance. It is a percussion instrument in dance and an ornament in the hands of dancers. Its unique shape and sound add a unique style to dance. Dancers sometimes hold colorful fans, ribbons and other props, which further enriches the expression of dance.

4. Protection and inheritance of "Fanshan Jiaozi" from the perspective of dance ecology

4.1. The impact of ecological environment changes on "Fanshan Jiaozi"

With the changes of the times, the ecological environment in eastern Sichuan is constantly changing. With the acceleration of urbanization, the original natural landscape is gradually replaced by high-rise buildings. The modern lifestyle also makes the traditional farming culture gradually fade out of people's field of vision. These changes have had a far-reaching impact on the traditional dance "Fanshan Jiaozi". On the one hand, the change of ecological environment makes the symbolic meaning of natural elements and farming culture in dance less intuitive and easy to understand. This weakens the cultural connotation and appeal of dance to some extent. On the other hand, with the aging of the older generation of dancers, the younger generation's interest and understanding of

"Fanshan Jiaozi" has declined, and the inheritance of dance is facing a fault crisis.

4.2. Protection measures and inheritance strategies

Facing the challenge brought by the change of ecological environment, the protection and inheritance of "Fanshan Jiaozi" is particularly important. We should strengthen the in-depth study of dance ecology, make clear the internal relationship between "Fanshan Jiaozi" and the natural environment, social culture in eastern Sichuan, and provide scientific basis for the protection of dance. At the same time, we can improve the popularity and influence of "Fanshan Jiaozi" and stimulate the public's interest and love for traditional dance by establishing intangible cultural heritage protection bases and holding dance festivals.

In the inheritance strategy, we can adopt the way of "live transmission", that is, let "Fanshan Jiaozi" continue to play a role in people's lives and become an important part of community culture and festival activities. Encourage and support folk dance teams and artists to innovate and adapt "Fanshan Jiaozi" to make it more in line with modern aesthetic and ornamental needs without losing its traditional charm. We can also use modern scientific and technological means to record and preserve "Fanshan Jiaozi", leaving a valuable cultural heritage for future generations.

5. Conclusions

From the perspective of dance ecology, this article deeply analyzes and discusses the morphological characteristics and cultural value of "Fanshan Jiaozi". It is found that "Fanshan Jiaozi" is a unique dance art form and a vivid portrayal of the interaction between natural environment and social culture in eastern Sichuan. His dance movements and body language are full of imitation and imagination of mountain life, showing the strength and femininity of dancers; Music rhythm and the use of musical instruments skillfully combine the charm of traditional percussion instruments, creating a warm and cheerful atmosphere. Its costumes and props show the folk customs and aesthetic pursuit in eastern Sichuan to the fullest. These morphological features together constitute the unique artistic charm of "Fanshan Jiaozi". This makes "Fanshan Jiaozi" an indispensable part of the cultural ecology in eastern Sichuan, bearing the rich historical and cultural connotation and community identity value of "paying too much".

In the future, the research direction of "Fanshan Jiaozi" will be more diversified and deeper. We can continue to use the theory and method of dance ecology to further explore the dynamic relationship between "Fanshan Jiaozi" and the natural environment, social culture in eastern Sichuan, and reveal the deep cultural logic and ecological wisdom behind it. At the same time, with the development of science and technology and social progress, we can also try to integrate modern scientific and technological means into the protection and inheritance of "Fanshan Jiaozi" and open up a new path for the sustainable development of "Fanshan Jiaozi". In order to make the traditional dance "Fanshan Jiaozi" glow with new vigor and vitality in the new era background.

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